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Shelf-life estimation of probioric fruit juice by using physicochemical change during storage

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Recently, probiotic fruit juices have known as a functional food and nutraceutical with health beneficial effect. Since fermented fruit juices are known as a novel probiotic product, shelf-life evaluation is important to ensure a quality product during the storage period. With the aim to develop a predictive model to estimate the shelf-life of a probiotic fruit drink product, the mixed fruit juice (Pineapple: Mango: Banana) with ratio of 50:25:25 was fermented by the mixed starter of L. casei-01: L. plantarum 299V: B. lactis Bb-12 (1:1:1) at 37oC for 16 hours. Then, the fermented juices were stored at different temperature, including 5oC, 15oC, 25oC and 35oC until their ending pH reached 3.4 which cannot be accepted in term of sensory. The initial pH value (3.9) dropped to around 3.4 after 45 days in the case of 5oC, 18 days for 15oC, 7 days for 25oC and 3.5 days for 35oC. The microbial population of juices remained over 9 log CFU/mL after the storage period. Accelerated shelf-life testing was conducted to estimate the product's shelf life based on the rate law and Arrhenius equation. Based on the coefficient of determination (R2), the third order model with the highest R2 value (> 0.8) was in accordance with the pH kinetic. Arrhenius prediction shelf-life model were was obtained: Ln(k)=-7317.2*1/T+17.881 with R^2 = 0.99. The root mean square error (RMSE) was calculated with 0.1272. The findings of this research highlighted the feasibility this technique to determine the shelf-life and to improve the quality management of the probiotic fruit drink products.